# LEADERSHIP/STAFF

**Elders**
- James Anderson
- Ben Coxwell
- Benn Keevan
- Billy Lambert
- Curte Stitt
- Robert Tyree

**Deacons**
- Micah Allen
- Tyler Gill
- Daniel Henry
- Terry Nicholson
- Ray Reynolds
- Dan Robinson
- Casey Tomecek
- Steve Yager

**Ministers**
- Ray Reynolds
  PULPIT MINISTER
- Eric Whittle
  YOUTH & FAMILY
- Billy Lambert
  GTKYB MINISTRY
- Steve Yager
  OUTREACH MINISTRY

**Secretaries**
- Sandy Daugherty
- Christy Gill

**TIMES OF SERVICE:**

SUNDAYS
AM Bible Classes - 9AM
Worship - 10AM
PM Bible Classes - 5PM

(Infant nursery & Sensory Room are located near the front entrance. Ask a Greeter at the Welcome Table to show you!)

WEDNESDAYS
Adult Bible Class- 10AM
Bible Classes - 6:30PM

**WEBSITE / LIVESTREAM:**
www.summerdalechurch.org

**LOCATION/CONTACT:**
1070 Hwy 59 S. - PO Box 314
Summerdale, AL 36580
Office Directory: 251-989-7748
Fax: 251-989-6253
Office Email:
summerdalechurchoffice@gmail.com

**OFFICE HOURS:**
Monday - Thursday: 9AM-3PM
OFFICE WILL BE CLOSED NEXT WEEK FOR THANKSGIVING.

**ONLINE GIVING:**
summerdalechurch.org/give
You may also scan the QR code:

Cindy Hatcher is available for counseling appointments in person or via ZOOM. Call 251-263-3100 for an appointment.

Graceland Counseling, LLC

Find us on Facebook@scocalabama

# PRAYER LIST

**SCOC MEMBERS:**
- Ruth Ann Gill: Home recovering from knee replacement surgery.
- Christina Hartman: Wisdom teeth surgery 11/16.
- Glynda Jennings
- Misty Reynolds
- Tommy Smith: Skin cancer surgery on 11/18.
- Patti Waters: Multiple health issues.
- Rosa Wagner & family of Hazel Rands
- Werner Wittmann: Recovering from second shoulder surgery.

**SHUT-INS & HOME-BOUND: PLEASE SEND CARDS, CALL, & VISIT WHEN POSSIBLE.**
- Ella Mae Kellerman - (Seagrass Village in Daphne)
- Lamar & Mary Kelley: Mary is on hospice.
- Paul & Rosemary Kitchens
- Joyce Norris
- Linda Smith
- Tina Welch

**FAMILY/FRIENDS:**
- Drue Bailey: Multiple health issues
- Belinda: Friend of Hilda O'Clair: Stage 3 breast cancer.
- Timber Bowles: Yager's nephew: Leukemia
- Johnie Brown: Friend of Sandy D; going home on hospice.
- Avery Bullington: Joe Gill's great nephew: Epilepsy
- Diane Chamblee: Geraldean Yager's daughter
- Mark Chaney: Lisa Rider's father: Lung Cancer.
- Matt Coxwell - (Ben's brother) Kidney Cancer.
- Bryant Evans: Surgery on 11/10.
- Neil Evans: Pam Marlowe's cousin: Stg. 4 Pancreatic Cancer.
- Jennifer Houston: Louis Smith's daughter
- Lauren Izen: Jo Smith's granddaughter: Pregnant & ovarian Cancer.
- Kathy Karr: Hilda O'Clair's cousin: Several health Issues.
- Gardner Kesterson: 4 yr old at SCA w/ Leukemia.
- Mark Kleinschmidt's daughter: Brain stem injury.
- Lee, Timekia, & Brady Knapp: Matilda's family: Health issues.
- Fred Lincoln: Barbara Howell's nephew. Colon cancer.
- Jerry Makenny: Terminal Cancer
- Richard Martin: (Ivette's son; Crystal S. brother) Health Issues.
- Barry McDaniel: Terry Elrod's brother: Cancer (Myeloma)
- Rene McDonald's mom: Rose David: Thyroid cancer.
- Lorraine Merchant: Joe's sister: Kidney disease.
- Danny Morgan: Ken's brother
- Shawna Page: Ray's sister: Undergoing cancer treatment.
- Donna Pierce: Friend of Sandy Daugherty: Cancer.
- Darell Robinso: Dan's uncle. 2nd heart surgery 11/17.
- Judy Robinson: Dan's mother: Lung Cancer.
- Saylor Wade: Lacy Blake's granddaughter: PURA syndrome.
- Daniel Welker: Diagnosed w/ brain tumor. Biopsy results pending.

**MILITARY:**
- Cody Brill: (Stephens' cousin) Iran
- Fischer Carr - Hawaii
- Jared Phillips - US Coast Guard
- Zane Rider
- Gisela Santos - Marines (Currently back in the US).
- Gabriel & Destiny Stephens - Air Force, stationed in TX.

**MISSIONARIES:**
- Jeff Abrams (Ukraine)
- Andy Erwin (McGarvey College of the Bible)
- Wayne Pruette (Guyana)

*If you need to add or take someone off the prayer list, please email Christy by 3PM Wednesday: summerdalechurchoffice@gmail.com*




# ORDER OF WORSHIP: 11/22

**Welcome: Ray Reynolds**
**Lead Singing: Jared Phillips**
**Opening Prayer: Ken Morgan**
**Comm/Offering: Robert Tyree**
- Mitchell Cartwright
- Kelvin Farrington
- Mike Joiner
- Johnnie Myers
- Dan Robinson
- Rick Schieber

**Scripture Reading: Dallion Blake**
Philippians 4:6-7
**Sermon: Ray Reynolds**
**Closing Prayer: Chase Joiner**

**5PM Devo: Jason DuLaney**

**Security: Wayne Herring**
(Contact Robert Tyree if unable to work security.)
***If you are not able to serve at the time you've been scheduled**, please contact **Tyler Gill ASAP** so someone else can be assigned.

## Welcome Visitors!

Please fill out one of our Connection Cards, located on the Welcome Table, (also in your Visitor Bag) or you may scan the QR code with your smartphone to fill it out online. We'd love the opportunity to get to know YOU!

Visitor Registration

# AN ATTITUDE OF GRATITUDE: CULTIVATING THE ART OF THANKSGIVING

**T – _____**
- Philippians 4:8, John 8:31–32, John 14:6

**H – _____**
- Romans 15:13, Hebrews 11:1, I Peter 1:3

**A – _____**
- John 3:3-5, Ephesians 1:5, Romans 8:15–16

**N – _____ _____**
- Romans 6:4, II Corinthians 5:17, Galatians 2:20

**K – _____**
- Ephesians 4:32, Colossians 3:12, Titus 3:4–5

**F – _____**
- Matthew 6:14-15, Colossians 3:13, I John 1:9

**U – _____**
- I Corinthians 1:10, Galatians 3:26-28, Ephesians 4:1–3

**L – _____**
- John 13:34-35, Romans 8:38–39, I John 4:19

# NEWS & UPDATES

## Welcome!

**Thank you for choosing to worship with us! Visitors: We are honored to have you! Please complete the card found in your welcome bag and place it in the collection plate. Or, you may scan the QR code on the front of this bulletin. We'd love the opportunity to connect with you!**




**The church office will be closed next week for Thanksgiving. We will have a condensed bulletin next Sunday, 11/29. We pray you have a safe & happy holiday with your loved ones!**







# UPCOMING EVENTS

- **11/29: PreK-5th Grade: Picnic in the Park. See Eric/Andrea.**
- **12/3: 10AM-2PM: Red Cross Blood Drive**
- **12/3: 6PM: Ladies Ornament Swap @ the home of Louise Lambert.**
- **12/5: 5PM: Young Adult/Middles Christmas Party @ The Reynolds Home. Bring a gift for Dirty Santa & finger foods!**
- **12/6: Family 1st: No potluck meal. Singing at 5PM.**
- **12/9: R 'n R's White Elephant Party after Wednesday AM class.**
- **12/10: 12PM: Ladies Luncheon at the Keevan Home, hosted by Diane Keevan & Paula McLean. Please RSVP to Diane or Paula.**
- **12/12: 5PM: Supper w/ Santa/Mrs. Clause in the fellowship hall.**
- **12/27/30: Senior High: EYC.**

## THE HARVEST IS WHITE: THANKFUL FOR THE HARVEST

SYG Summerdale Youth Group Growing in Faith, Hope and Love

As Thanksgiving approaches, many of us will spend time reflecting on the blessings God has given us. We will gather with family and friends, enjoy a good meal, and give thanks for the many wonderful things in our lives. However, as we continue our November series, "The Harvest Is White," I want us to consider a blessing that we sometimes overlook. The people who have helped us come to know Jesus Christ and the salvation we have through Him.

In 1 Corinthians 3:6–7, Paul writes, "I planted, Apollos watered, but God gave the increase. So then neither he who plants is anything, nor he who waters, but God who gives the increase." Throughout this series, we have talked about our responsibility to plant the seed of God's Word and share the Gospel with others. But have we ever stopped to consider those who planted that seed in our own lives? For some, it was our parents or grandparents who faithfully taught us about God. For others, it may have been a Bible class teacher, preacher, or friend who took the time to study God's Word with us. Whoever it was, we should be thankful that someone cared enough about our souls to share Jesus with us.

We should also be thankful for those who continue working in the harvest today. Every week, there are Christians who dedicate their time to teaching Bible classes, studying with others, encouraging those who are struggling, and reaching out to the lost. Much of this work takes place without recognition, but that doesn't make it any less important. Sometimes we may never know the impact a simple conversation, invitation to worship, or act of kindness can have on someone's spiritual life. Those who faithfully plant and water the seed are making an eternal difference.

Most importantly, we must remember to thank God for the increase. While we have a responsibility to teach and encourage others, it is God's Word that has the power to change lives. Every time someone obeys the Gospel, we have a reason to rejoice. Every soul brought to Christ is a reminder of God's love, mercy, and willingness to save those who come to Him. What a wonderful blessing it is to be part of His work!

This Thanksgiving, as we count our many blessings, I want to challenge each of us to think about the people who helped lead us to Christ. If you have the opportunity, take a moment to thank them for the difference they made in your life. Then consider how you can make that same difference in the life of someone else. After all, one of the greatest ways we can show our gratitude for the Gospel is by sharing it with others. **May we always be thankful for the harvest, but never forget our responsibility to help bring it in.**

Always remember that you are loved!

Eric

SUMMERDALE CHURCH OF CHRIST

# Sonshine Corner


PULPIT MINISTER - RAY REYNOLDS
churchofchristsummerdale@gmail.com


## 5 REASONS TO BE THANKFUL:
## How Practicing Gratitude Transforms Your Mind & Body

We often think of gratitude as a spiritual discipline reserved for Thanksgiving dinner and Sunday mornings. Yet, when we intentionally pause to practice thankfulness, something remarkable happens—not just in our spirit, but inside our physical bodies and minds as well. By shifting our perspective toward appreciation, we can actively rewire how we respond to stress, fear, and exhaustion. Here is a look at five ways practicing gratitude transforms your daily well-being.

**1. Gratitude Intentionally Shifts Your Focus** - By default, the human brain is wired to scan the horizon for threats. While this survival mechanism is helpful in actual emergencies, in everyday life it can trap us in a cycle of negativity and hyper-vigilance. **Psalm 105:4** reminds us to continually seek the Lord and keep our strength anchored in God. Paul encouraged believers to deliberately fix their thoughts on things that are true, honorable, right, and pure (**Philippians 4:8**). In **Colossians 3:2** he directs us to set our minds on things above rather than on earthly worries and transient fears.

**2. Gratitude Interrupts Cycles of Worry** - Thankfulness anchors you in the present moment, pulling your mind out of hypothetical fears and grounding it back in what is actually true right now. We can break the looping pattern of "what if" anxiety by naming our blessings and remembering God's faithfulness. **Psalm 94:19** speaks to how God's consolations can bring joy and calm when anxious thoughts multiply. In **Matthew 6:34** Jesus teaches us not to borrow tomorrow's worries, grounding our trust in God's daily provision. Paul tells us to replace anxiety with thanksgiving (**Philippians 4:6**).

**3. Gratitude Calms Your Physical Stress Response** - Our bodies carry the weight of our worries through tight shoulders, shallow breathing, and elevated heart rates. Reflecting on the things you are thankful for signals to your nervous system that you are safe. This simple reflection helps ease physical tension and allows your body to shift out of chronic "survival mode." **Psalm 4:8** illustrates the peace that allows a person to lie down and sleep safely without fear. Some of the psalms call us to quiet our striving and recognize God's sovereign control over every situation (**Psalm 46:10**). The prophet Isaiah promises perfect peace for those whose minds remain steadfastly focused on God (**Isaiah 26:3**).

**4. Gratitude Supports Deeper, Better Rest** - Many of us lie awake at night replaying the day's frustrations or tomorrow's to-do list. Research consistently links a habit of gratitude to improved sleep quality. Taking just a few minutes before bed to reflect on your blessings quiets a racing mind, paving the way for deeper, more restorative rest. **Psalm 3:5** expresses the confidence of lying down, sleeping, and waking up refreshed because the Lord sustains us. God grants restful sleep to those He loves, releasing the need to exhaust ourselves in worry (**Psalm 127:2, Proverbs 3:24**).

**5. Gratitude Builds New Habits of Attention** - Like any muscle, your focus grows stronger in the direction you exercise it. Over time, you train your brain to naturally spot grace and goodness, even in difficult seasons. We need to train our hearts to notice God's active hand. Much can be gained if we pursue a daily perspective shift to rejoice and be glad in the specific day the Lord has made (**Psalm 118:24**). **Colossians 2:6–7** encourages us to walk in Christ deeply rooted, built up, and overflowing with gratitude. **I Thessalonians 5:18** commands us to give thanks in every circumstance.

Practicing gratitude isn't just a command—it is a pathway to wholeness for your mind, body and soul.

You Are Loved,
Ray

## NOVEMBER - ELDER OF THE MONTH: CURTE STITT

**If you have a concern that needs to be brought to the attention of the elders, please contact the Elder Of The Month, who will be listed in the newsletter each week.**




WE OFFER FREE BIBLE COURSES




## WHERE CAN I FIND GTKYB?

DOWNLOAD THE APP! PRAY.COM

- GTKYB Podcasts: Most Platforms
- PRAY TV: WEDNESDAY 10:30AM
- PRAY RADIO: M-F 12PM CST
- YOUTUBE MUSIC
- BBSRADIOTV.COM - STATION 2: M-F 1:30PM-1:59PM
- COWBOY CHANNEL: SUNDAYS 7:30AM CST
  - -DIRECTV (CHANNEL 603)
  - -DISH (CHANNEL 232)
- FOUNDATIONS TV: MON-SAT: 7AM, 4PM, 10PM
- GREATER LOVE TV: 9:30AM
- HEARTLAND TV: 6:30AM
- Stream 24/7 on our YouTube Channel
- www.gettingtoknowyourbible.com